

Sewing Instructions for cotton fabric, washable face mask

Face mask: Use 100% cotton (very tight weave) for mask and lining- why not recycle a cotton shirt?

Stitch together with a 1cm seam allowance.

You will need approximately 62cm length (6mm wide) of elastic (you might need to measure the length for perfect fit).

*Balance points are pointers on your pattern that help you put pieces together correctly.

*Casing is a fabric tunnel through which elastic or a drawstring can be threaded to pull in or draw up the fabric.

Please note this cotton mask is just another measure to help protect others, please keep your distance and always wash your hands. Keep mask clean wash at 60 degrees.



1. Print off pattern. Using the template cut two of mask fabric and cut two of lining (this can be of the same fabric or contrasting). Remember to fold back template on the lining fold line as you want the lining to be cut slightly smaller than the mask fabric.



2. Match the *balance points on seam A to B, and stitch together with 1cm seam allowance. Make sure the fabric is right sides together. Back/reverse stitch at beginning and end of seam so it doesn't come apart.



3. Line up edges of mask fabric and lining edges (the length of mask, right sides together) and pin through the two seams (to keep it balanced), pin edges of fabric together at the top and bottom.



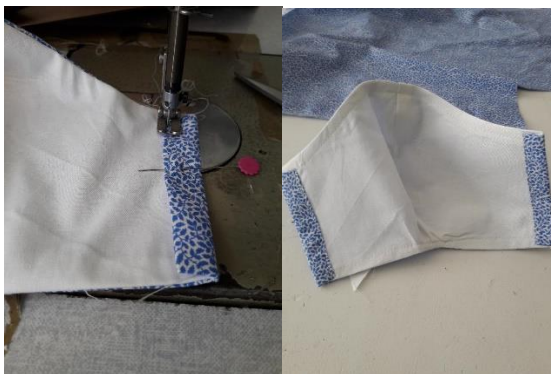
4. Stitch mask fabric and lining together at the top and bottom (long edges of mask and lining), leaving ends open so you can turn through.



5. Turn through to the right side and bag out.



6. With the excess mask fabric at either end press over twice (double fold) towards and just over the lining end. This fold when stitched down creates the *casing for the elastic to go through.



7. Stitch close to edge of fold (you need the *casing to be at least 1cm wide, so you can fit the elastic through). Continue to edge stitch the edges of the mask and the other folded edge.



8. Measure a strip of elastic approx. 62cm long and attach a safety pin to one end and thread the elastic up through one *casing and down through the other *casing. Once through both casings, join together the two ends of the elastic.

